

- 1. **Begin Left** on the **Rotary Trail** for 800m
- 2. **Turn Right** on **Robert Street** and continue for 1km
- 3. Continue Southwest on Robert Street toward Tiny Trail/ Trans Canada Trail
- 4. Turn Right onto Tiny Trail/ Trans Canada Trail
- 5. **Continue** South on the **Tiny Trail** for 11.7 km
- 6. There will be a **Refreshment Stand** at the Tiny Trail and Balm Beach Road
- 7. **Continue** to the Cycle for Hope volunteer station at **Concession 6** and **Turn Around**
- 8. **Continue** North on the **Tiny Trail** for 11.7km
- 9. **Turn Left** on **Robert Street** and continue for 1km
- 10. Turn Left onto the Rotary Trail and continue 800m to the finish line

Bathrooms are located at the intersection of the Tiny Trail and Balm Beach Road